

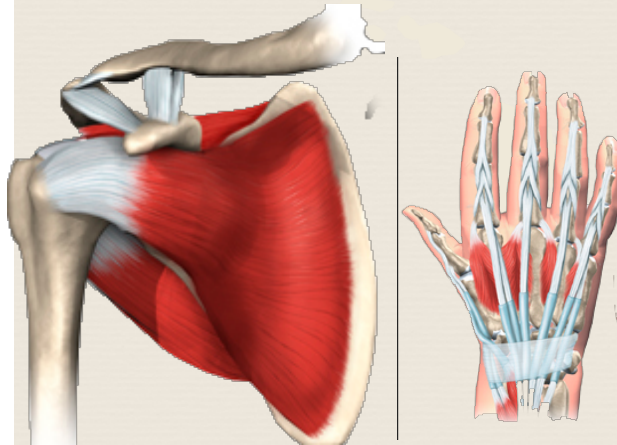


Indepth Clinical Seminars
17306 Cambridge Place
Tinley Park, IL 60477
(708) 612-5992

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Shoulder and Hand Therapy: Advanced concepts in clinical applications



INSTRUCTOR:
Yakub I. Patel, DPT, MSBA, BS, B Physio

Sunday
August 18, 2019

Register
Phone: (708) 612-5992
E mail: yakubiousuf@gmail.com
Website: www.indepthseminars.com

PROGRAM

- 7:30 Registration and Coffee
- 8:00 Pre-seminar quiz
- 8:15 Forces and Physics of Movements
- 9:15 Biomechanics and injury mechanism
- 10:15 Biomechanical assessment & Functional Anatomy of the shoulder and hand
- 10:45 Kinetic Chain approach to shoulder joint
- 11:15 Assessing functional limitations for hand functions and planning treatment approach
- 12:00 Lunch
- 1:00 Shoulder instability and its implications on shoulder functions
- 1:30 Neurological Components tests
- 2:00 Soft tissue injuries to shoulder and hand
- 3:00 Reviewing the role of modalities in treatment
- 3:15 Break
- 3:30 Evidence-Based Guidelines on Selected Rehabilitation Interventions for Shoulder Pain
- 4:15 Therapeutic Exercise and Orthopedic Manual Therapy for shoulder and hand disorders
- 4:45 Q and As
- 5:15 Summary and Evaluation



In-depth Clinical Seminars, Inc, is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulations.
License #: 216-000230.
This educational offering qualifies for 8 CE contact hours.

LOCATION:

**Georgios Banquets, Quality Inn &
Conference Centre**
8800 W 159th St, Orland Park, IL 60462



From North or East: I 55 to Lagrange Road South, go 5 miles and come to 159th street, go East on 159th street to 88th Ave, turn Left in to the banquet hall.

From West: I355 to I 80 East, exit on 96th Ave (called Lagrange Rd, or US 45 North), come to 159th street, go East on 159th street to 88th Ave, turn Left in to the banquet hall.

REGISTRATION:

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Company: _____

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**3 WAYS TO SEND THIS REGISTRATION:**

1. E--MAIL: yakubyouusuf@gmail.com

2. MAIL:

In-depth Clinical Seminars
17306 Cambridge Place
Tinley Park, IL 60487

3.Website:

www.indepthseminars.com

INSTRUCTOR:

Yakub I. Patel, DPT,MSBA,BS,B Physio is the owner and CEO of Yousuf Enterprises, Inc. He is a highly experienced clinician with over 40 years in the field and a life member of the American Physical Therapy Association. He holds undergraduate degrees in physical therapy and health occupations education and a graduate degree in business administration and a doctoral degree in Physical Therapy. He has worked in all clinical settings including hospitals, rehabilitation centers, out-patient clinics, and industrial rehabilitation facilities. Over the years he has developed unique ways to thoroughly investigate available research to support clinical tests and therapeutic approaches. He has been an ardent advocate of evidence-based practice.

**REGISTRATION FEE:**

SINGLE REGISTRANT	\$ 125
2 TO 4	\$ 105
5 to10	\$ 100